



CARE VISITS AT HOME

Good Old Fashioned Service



Find out more

The first step is to contact Bluebird Care to arrange an initial visit. This is nothing more than an opportunity to ask all your questions face-to-face.

www.bluebirdcare.co.uk

Care visits at home A flexible service



A flexible service

For many people, the question of care at home doesn't arise until, suddenly, there is a need. And most of us think that the stark choice is either living self-sufficiently (without help) in our own familiar surroundings or then 'going into a home'.

Bluebird Care stops all that. We offer a realistic alternative to allow people to stay at home, with familiar friends, relatives and possessions around them. No upheaval, no stress and no trouble. **Bluebird Care 'just happens'.**

Care visits can be from 15 minutes upwards. There is no top limit but, in reality, most of our care visits are something between 30 minutes and one hour long.

Some of the services we offer;

- Assisting with 'starting the day'. Help to get up, wash, shower get dressed and have breakfast.
- We can prepare food and drink and prompt medication when it is due.

- We can do tasks like cleaning, laundry, ironing either on a regular basis or as a 'spring clean'.
- We can provide a respite service. There may be need for relief to allow that person time for themselves.
- A nice bath and then clean clothes, a changed bed and a nice meal before bedtime. Bliss!
- And at the end of each day, some help with getting ready for bed.
- We also provide care services through the night for those people who need them.
- This can either be on a 'sleeper night' basis, where the care worker expects a reasonable night's sleep but is on hand for emergencies, or a 'waking night' where the care worker is on duty throughout the night.
- This is only a small selection of the things we can do. If you don't see something suitable for your needs, please just ask.

Bluebird Care Mendip

Unit 1
Wallbridge Mills
Frome
BA11 5JZ

Tel: Frome - 01373 463 838
Tel: Wells - 01749 372 197

Email:
mendip@bluebirdcare.co.uk

Services

We can go shopping, either taking our customer out with us or go to the shops, come back and put it all away!

www.bluebirdcare.co.uk